

Middletown Area Communities That Care Community Action Plan 2019-2020

Goals

1. **Prosocial** - To increase the commitment to the community by youth in grades 4-10 by strengthening bonding through increased engagement in programs and prosocial activities. Prosocial involvement means being engaged in activities that provide connections with peers, families and members of the community who can offer moral guidance and emotional support. These activities provide kids with opportunities, skills and recognition. Prosocial activities can be grouped into: Social/Recreational, Interest/Skills and Community Service.

Bonding is a vital component in protecting youth from engaging in delinquency, violence, and use of alcohol, tobacco, and marijuana. So increasing youth involvement in prosocial activities with recognition and rewards, in turn, decreases youth involvement in risky behavior.

2. **Anti-bullying** – youth who are bullied are a greater risk to engage in the use of tobacco, alcohol, and drugs. The same is true of youth who bully.
3. **Parents/Caregivers** - To support parents/care givers to reduce the likelihood of problems associated with early teen years by offering programs on communication and interaction skills. Parents will become more effective at listening calmly in an upsetting situation and monitor children through nurturing and setting expectations. Youth will be more likely to associate with appropriate peers and more capable at resisting risky behavior.

Objectives

1. To partner with area organizations to promote and collaborate on existing prosocial activities
2. To partner with area organization to create prosocial activities
3. Develop a communications format for youth and families to access information on activities, events, programs and services
4. Develop a funding plan

Measurables

1. To see a 10% drop below the State average in rates of use of alcohol, vaping and marijuana by increasing awareness and frequency of prosocial activities focusing on youth and families in grades 4-10 by 2019 PAYS
2. To see a drop below the State average in rates of use of alcohol, vaping and marijuana by increasing awareness and frequency of prosocial activities focusing on youth and families in grades 4-10 by 2021 PAYS
3. To decrease the Community Domain Risk Factor of Low Neighborhood Attachment by 5% by 2019 and by 10% by 2021
4. To increase the Community Domain Protective Factor of Opportunities and Rewards for Prosocial Involvement by 5% by 2019 and 10% by 2021

Funding Plan

Dauphin County Dept of Drug and Alcohol Programs

Because of budget cuts still waiting for a final contract for FY 2018-2019

Middletown Area Interfaith Housing

Their mission is to support youth and family programs offered primarily through Communities That Care.